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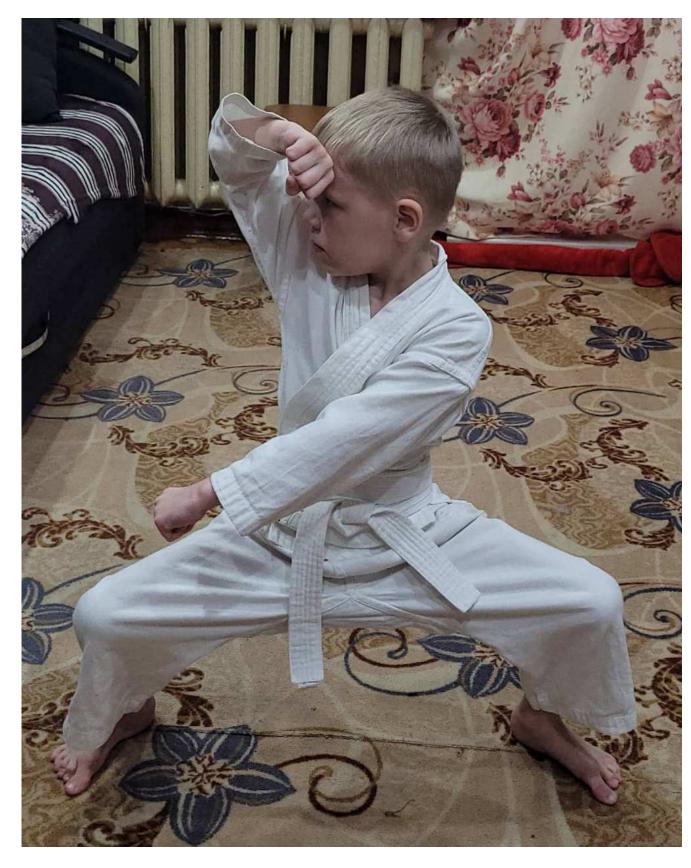








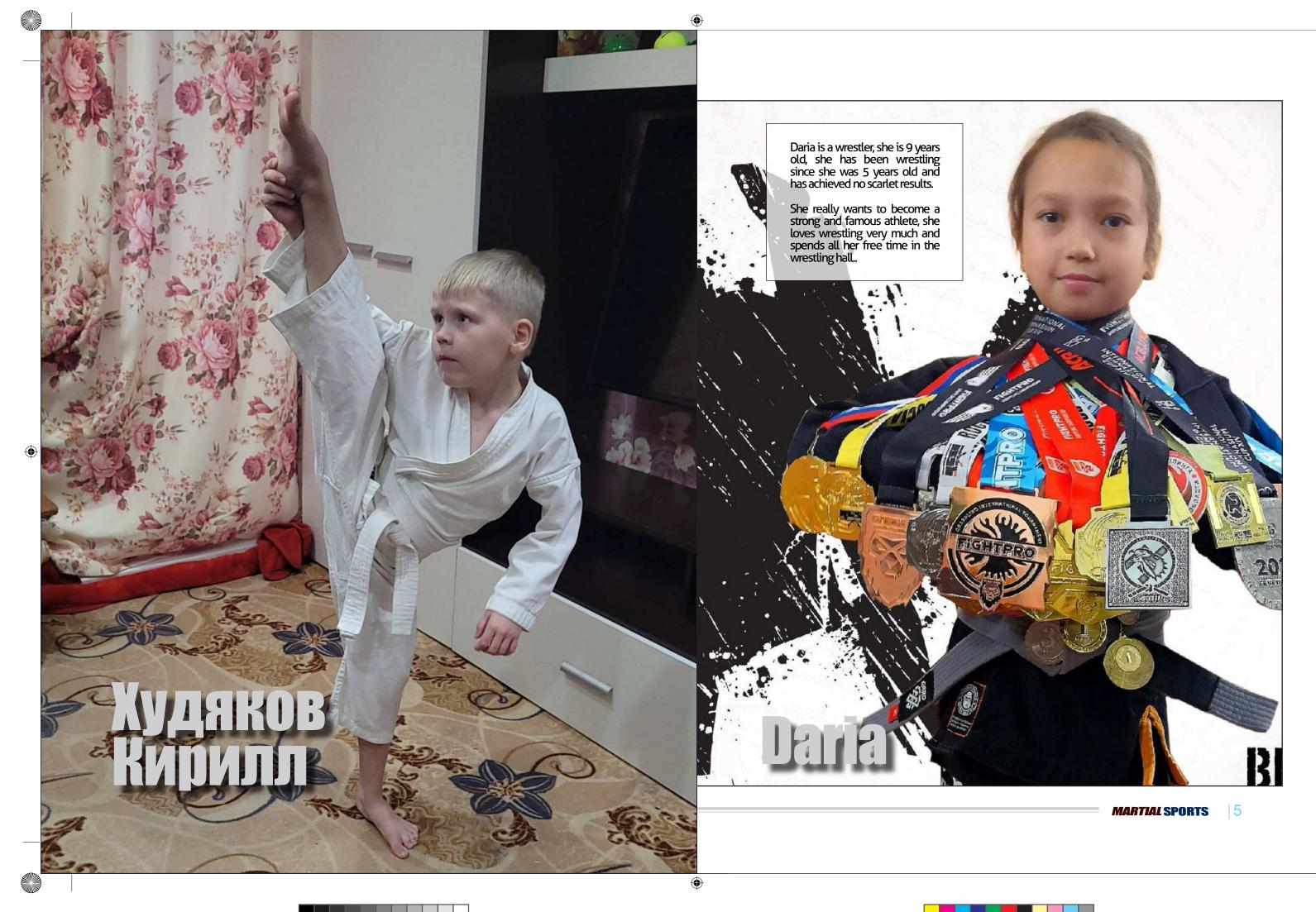


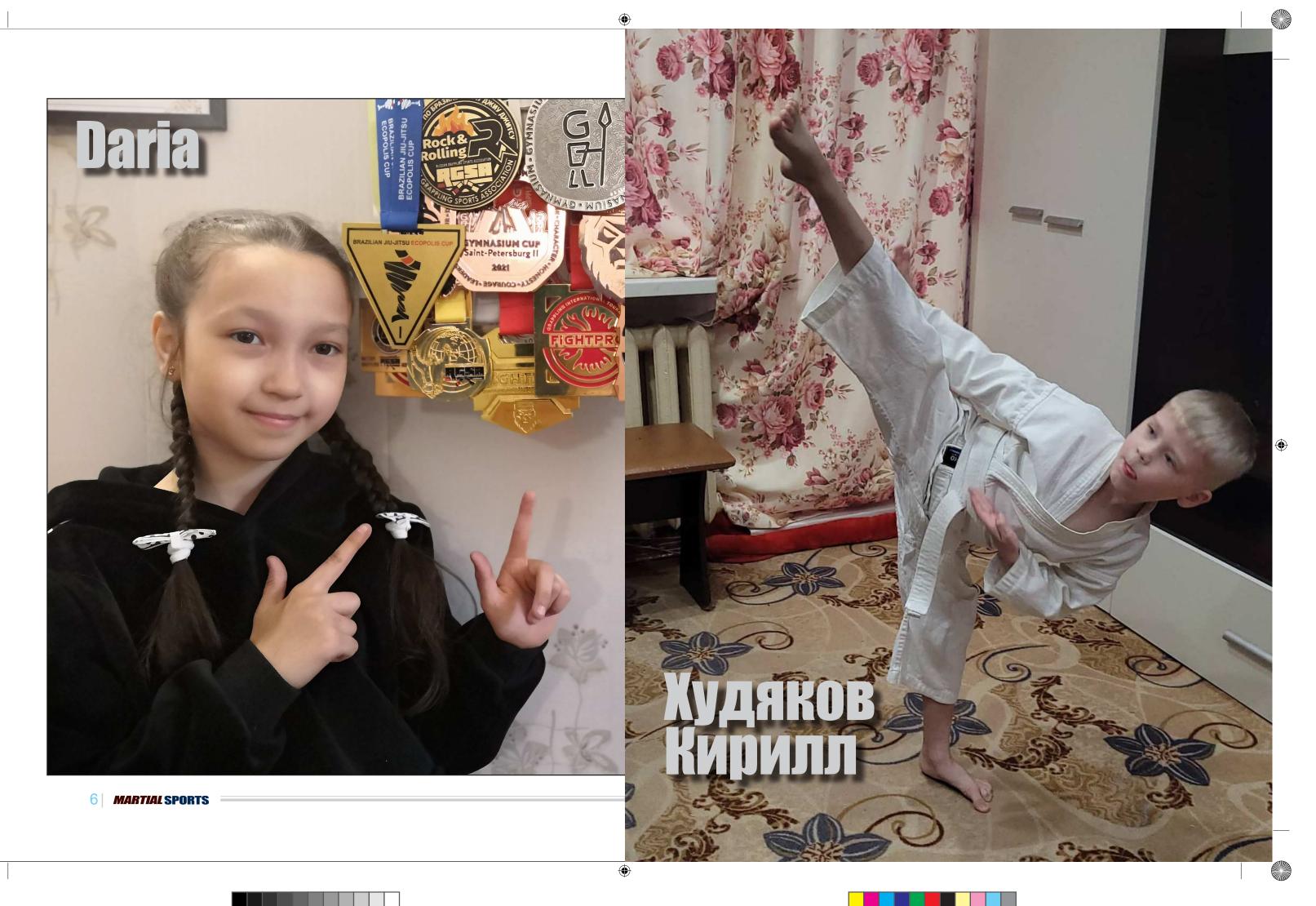


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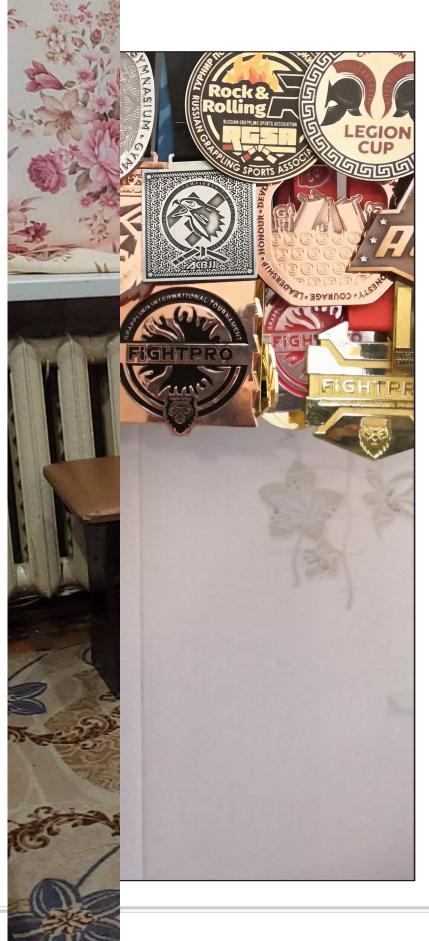










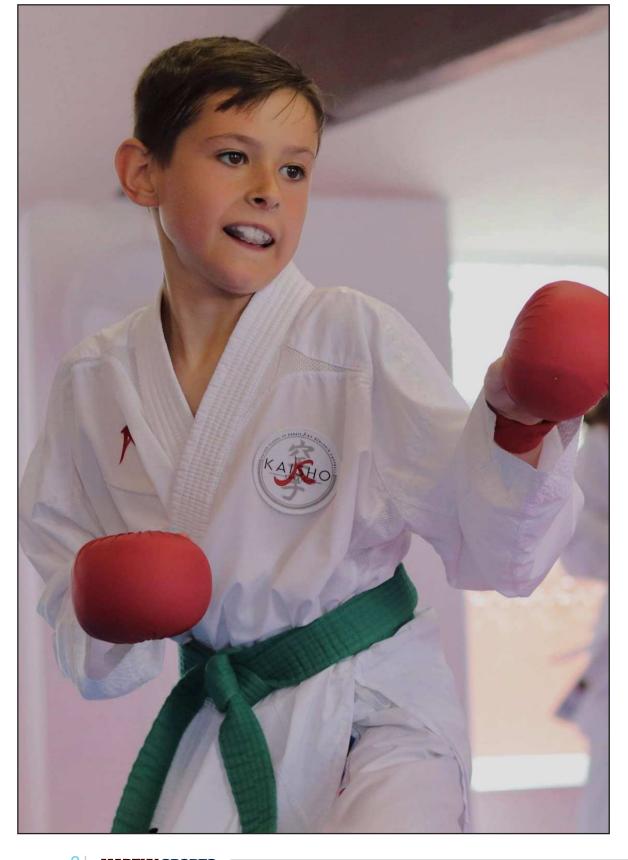




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Hi I'm jack a 9 year old karate kid from England. I am currently a 4th kyu purple belt in shotokan karate.

national championships only loosing out narrowly to my close friend and teammate.

My karate journey started when I was 4 years old, at 7 years old I found my now sensei 5th Dan Benjamin Campbell and kaisho karate.

Up until now I have won many medals in both kata and kumite but my strengths are in kumite where I have won most of them.

Although all of my wins mean a lot my biggest achievement was when me and my teammates travelled to Berlin Germany to compete at the banzai international open cup where I came away with a gold medal in kumite, from there I went on to finish second at the English

I dream of one day winning the British championships and going on to compete for England on the biggest stage Against the best athletes in the world.

COVID 19 has been the biggest challenge in my journey so far halting my training and development, my motivation suffered but with the support and encouragement from my family and sensei the fire has once again been lit and my journey continues hopefully I can reach the heights that I want to and become one of the best athletes England has ever produced oss!!!!

Photographers Credits: Emma Campbell @kaishoemma



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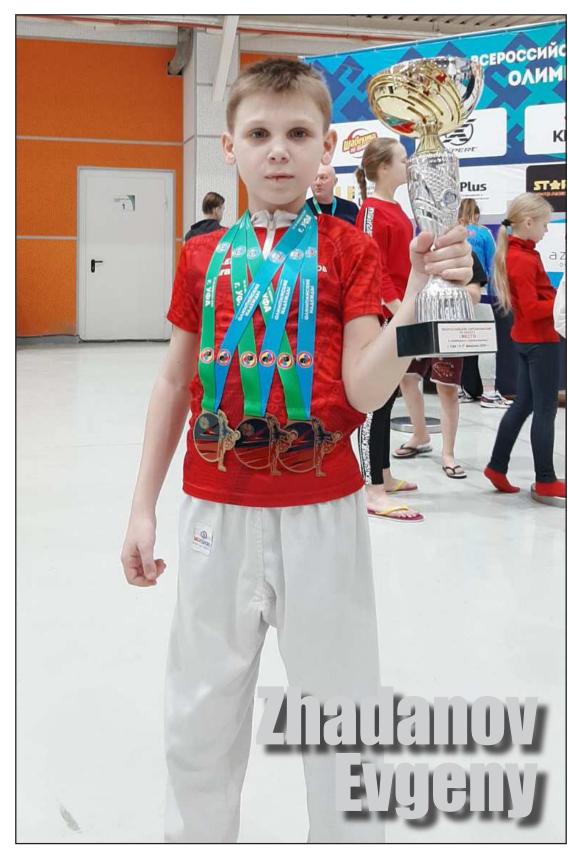












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My name is Jesse. I have been training in the martial art of shotokan karate since I was 3 years old. My mom and instructors found out early on that I had a natural talent for it and I loved it from the beginning.

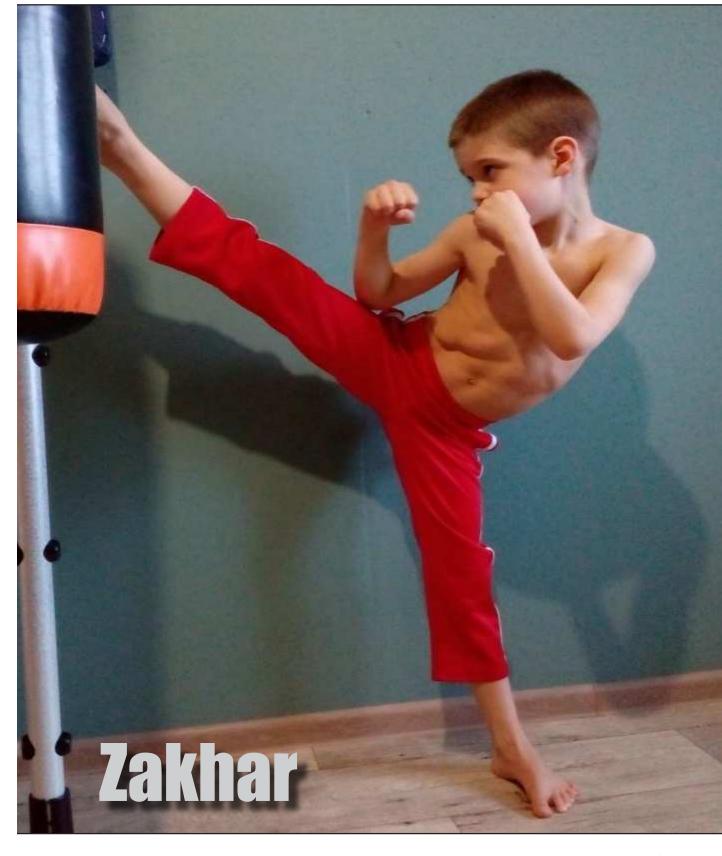
My dream would be to represent England in the olympics, at the moment we don't know whether this would be possible but, if not, I will be happy to represent England in the Europeans, Worlds or any other international comp. I have been selected to join the English Karate team so hopefully that dream isn't too far away now!

I have competed in so many competitions so far, all over the uk and in some abroad countries too, like France, Croatia, Germany and Luxembourg.

You'll see from my pic that I have won quite a few medals. With many more to come, hopefully!

I currently train with Hickman's Karate Academy, where our instructor was junior world champion so I know that the title of world champion is more than possible.

Photographers Credits: Gemma Wyman



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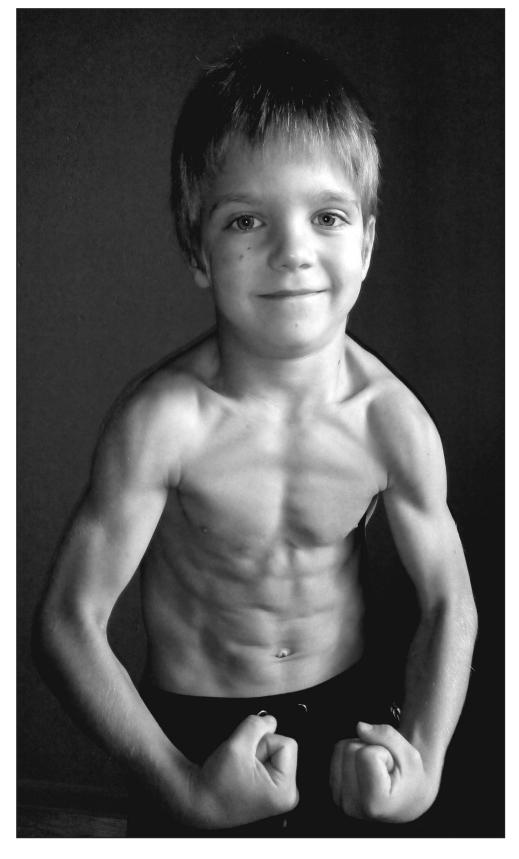


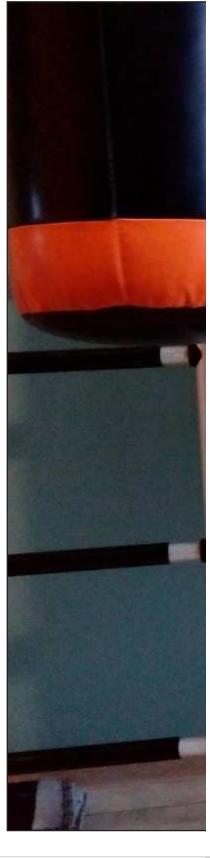












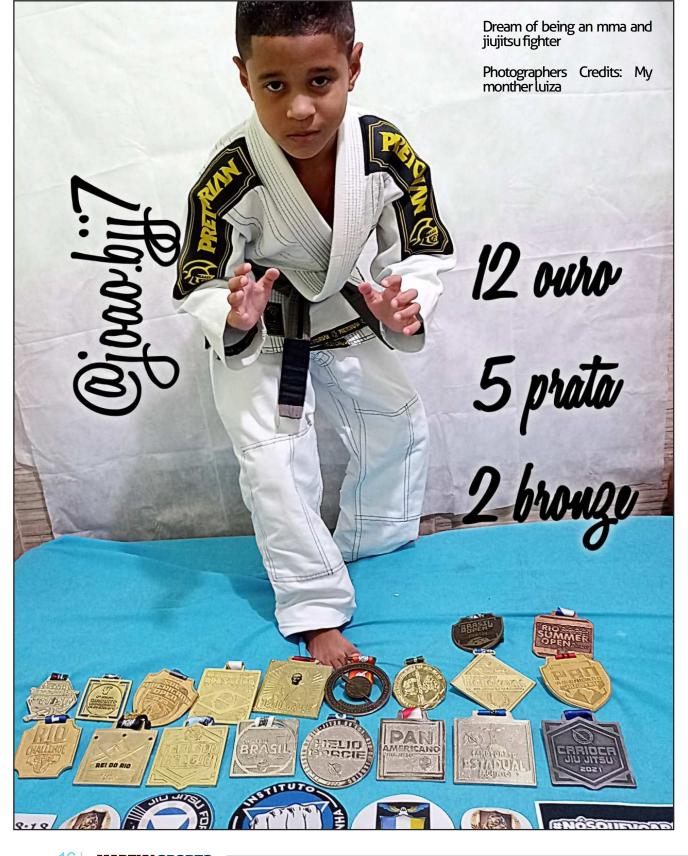


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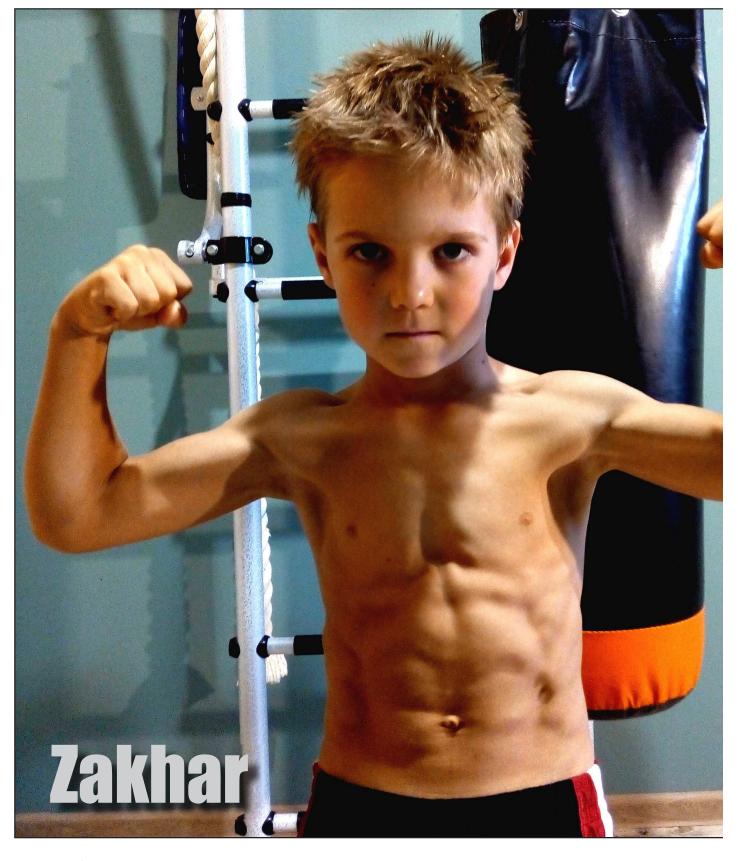
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My name is Zakhar. I was born in 2013. From ten months I began to take an interest in gymnastic rings. Dad created a sports living environment for me in the apartment.

When I was two, I started training with my dad. I liked lifting the dumbbells presented to me, push-ups and pull-ups on the rings.

At the age of five, older guys began to notice me on the horizontal bar in the yard and everyone was surprised at my results. I always liked that I was stronger than everyone around me. Now I'm not interested in this, as it was before, so I train in order to be better than myself.

At the age of five, I saw boxing and wanted to become the absolute world boxing champion!

Dad brought me to the boxing hall, before the new year, but the coach said that for my age it is still too early to practice boxing, like the three previous coaches. Then dad asked the coach to try at least one workout. The coach said that if I keep up with the other guys, then he will allow me to stay in this gym to train all the time. I showed the best results from the whole group of guys in physical fitness, despite the fact that all the guys were at least two years older than me. After half a year, I had already mastered the basic boxing technique well, which allowed the coach to transfer me to a group with even older guys.

Now I have many friends around the world with whom I communicate through the Internet.



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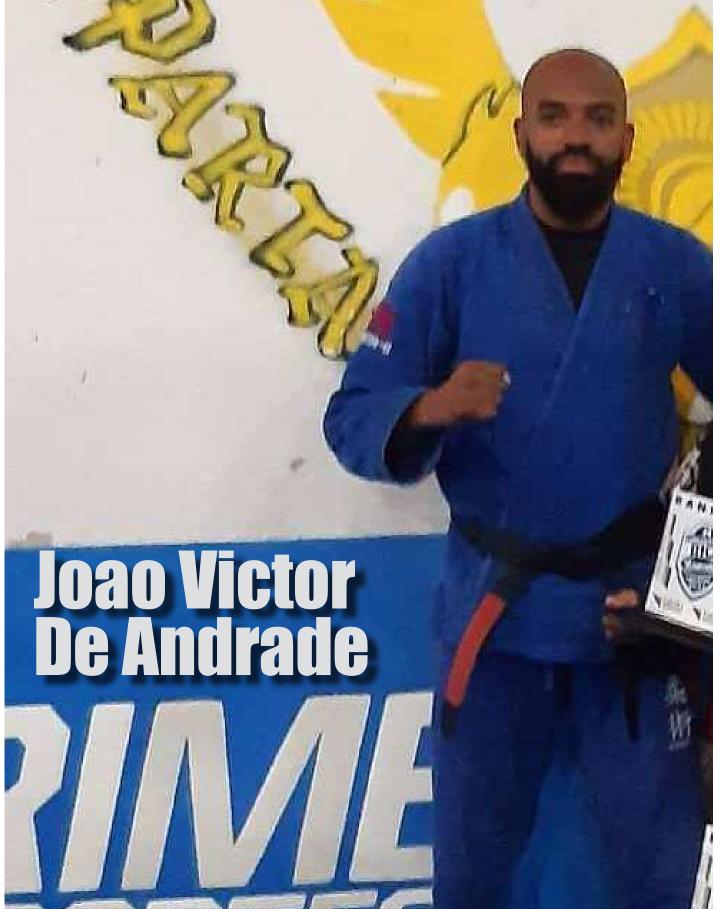
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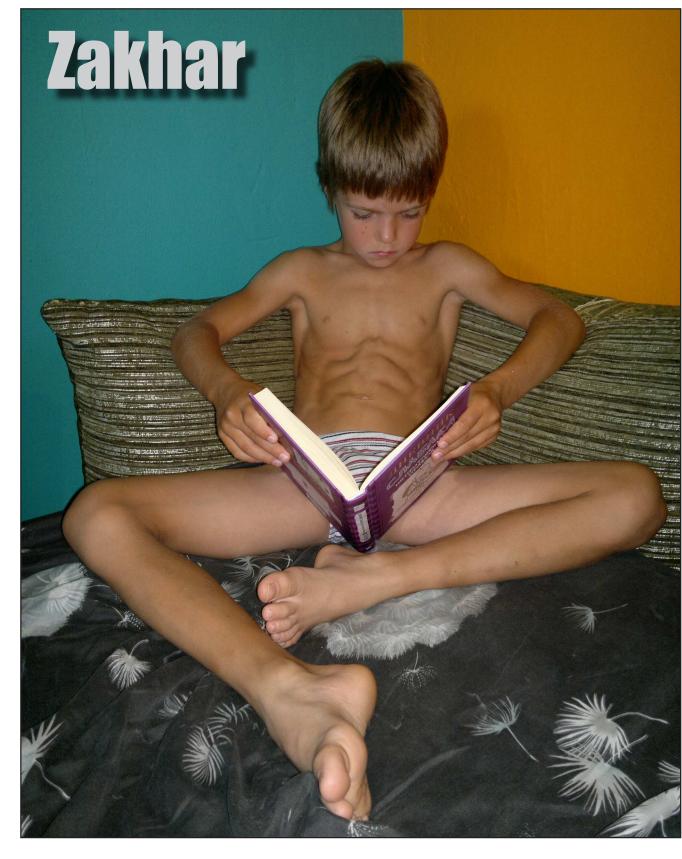
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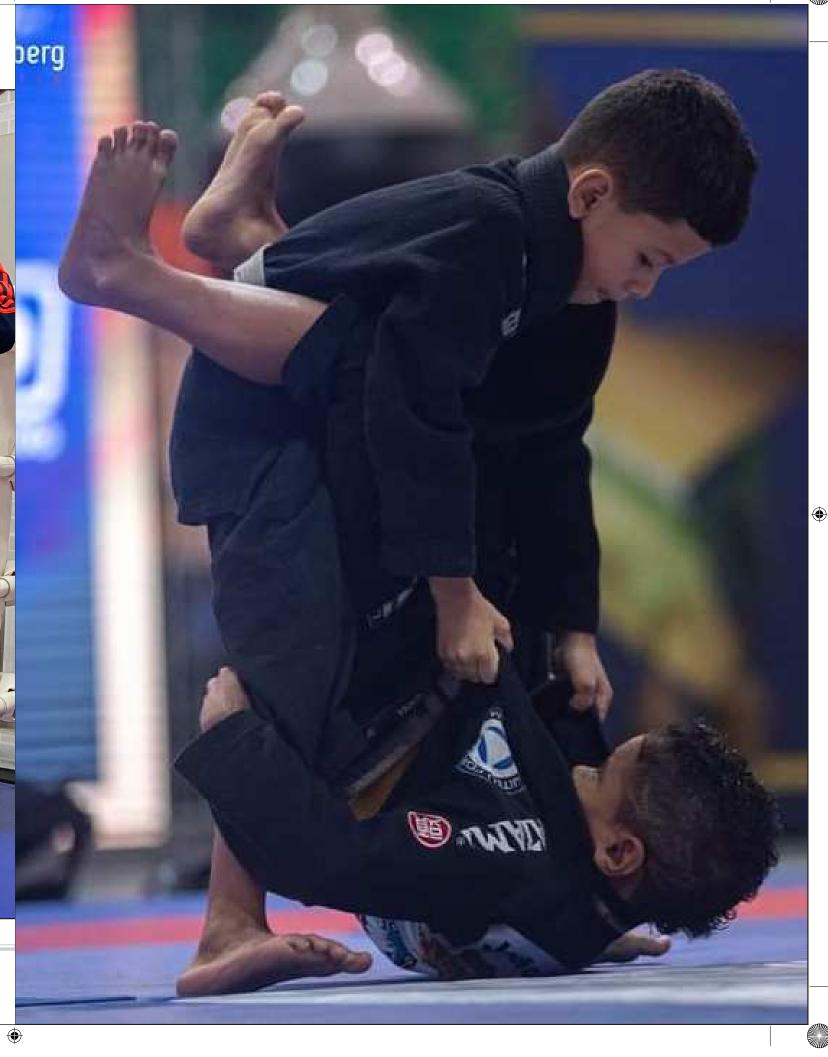
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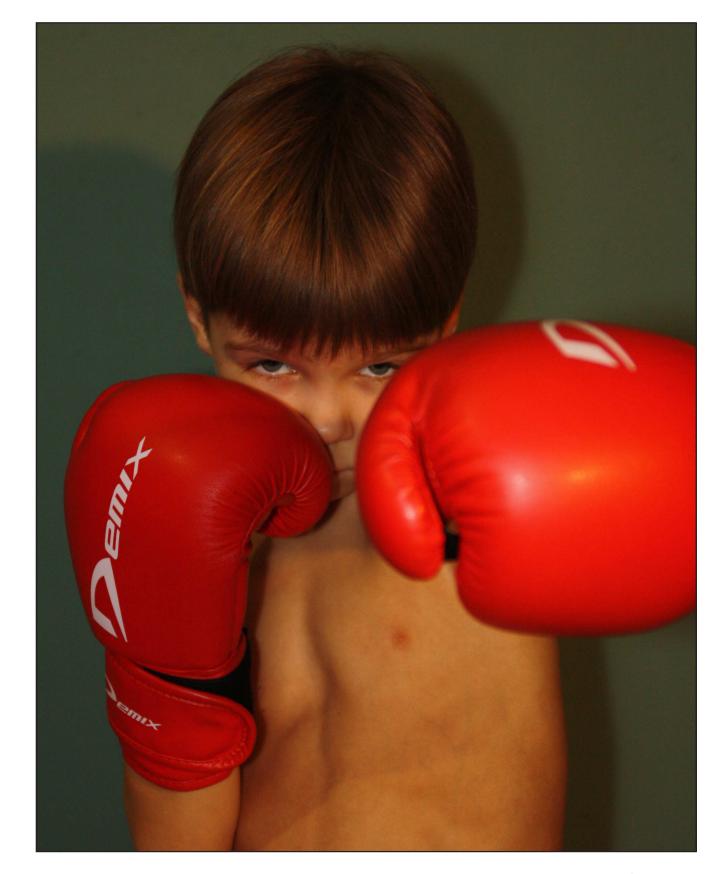








I am Tori Averett and I am 10 years old. I live in Illinois and am one of 7 kids. Two of my sisters and one brother and I all practice Brazilian Jiu Jitsu (BJJ) at Illinois BJJ Academy. My BJJ journey began when I was 5 years old and has been consistent since then. Up to this time, I have earned a yellow belt. The community that has been built in our gym is awesome. Many of my teammates are also who



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As much time as we spend practicing BJJ, it is not who we are. We are children of God. More important than BJJ is our faith and belief that God sent His only son to walk on

Those consist of a lot of cross training and strength and endurance building. Not only do we grow as individuals but also as a team.

As much time as we spend practicing BJJ, it is not who we are the conduction of the conduction

I enjoy traveling to various tournaments around the

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United States. There has only been one opportunity to participate in a professional superfight but I pray that there will be many more. It was very fun and challenging! It is exciting to showcase the talent and work that God has blessed me with.

God's plan for me but He knows best. I pray that BJJ is in my future and that I can become a black belt and promote women in jiu jitsu as well as build the kingdom of God.

Photographers Credits: Mom and @agfphotos

There is so much ahead of me. I don't know





Hi my name is Tristen they call me the pirahna in my gym , I'm

From

A small town in Lemoore cal but our gym is doing big things, I train at Elite team Lemoore, my goal

Is to become a black

Belt one day and run my own class, I train 6 days. I don't think their a day that goes by that I don't want to train this is my passion I enjoy being on the mats and training with my coach's, I'm

Ten years old and have been training since I was 5 I am very tiny small 10 year old and sometimes my opponents are much bigger then me they always I underestimate my size, good things do

Come in small packages, I always push myself to be the best I can be and no matter what size I am I

Just keep going. BJJ makes me better, more focused and just making the right choice is what I want ti do.

Photographers Credits: Just myself

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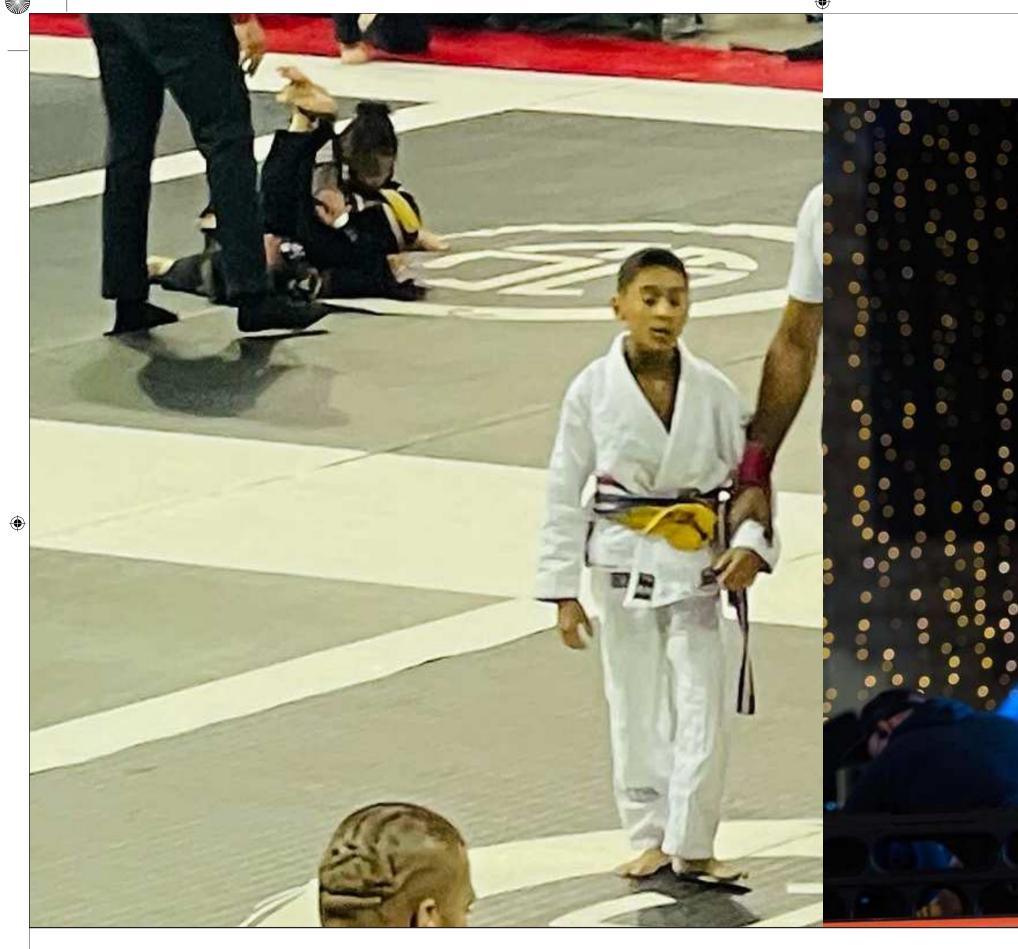


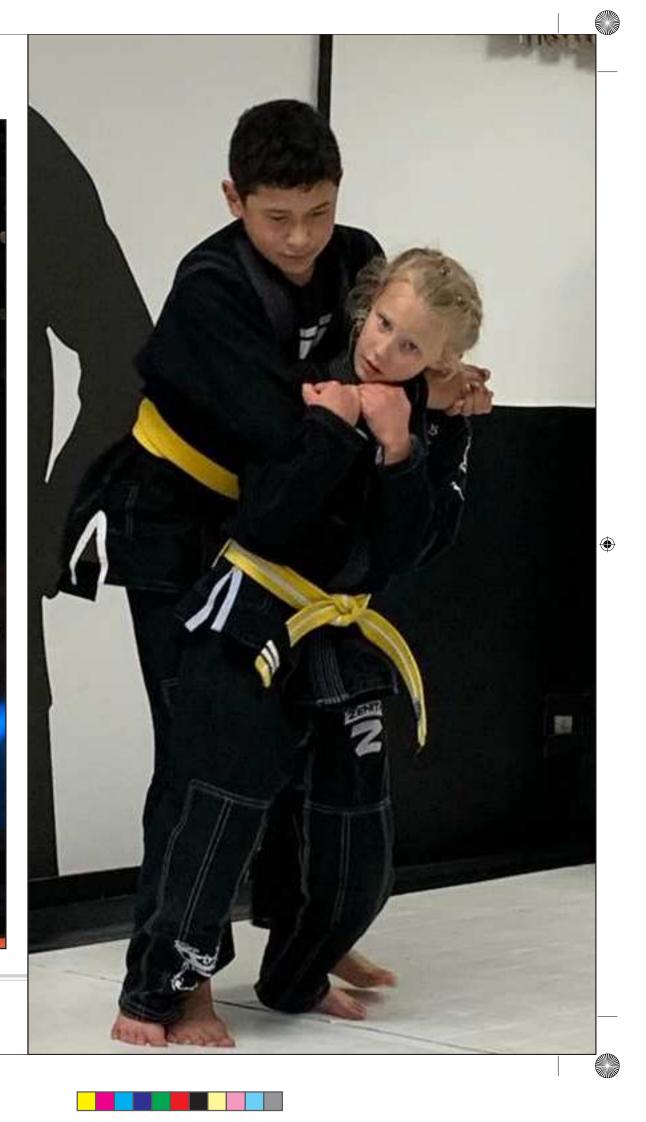
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