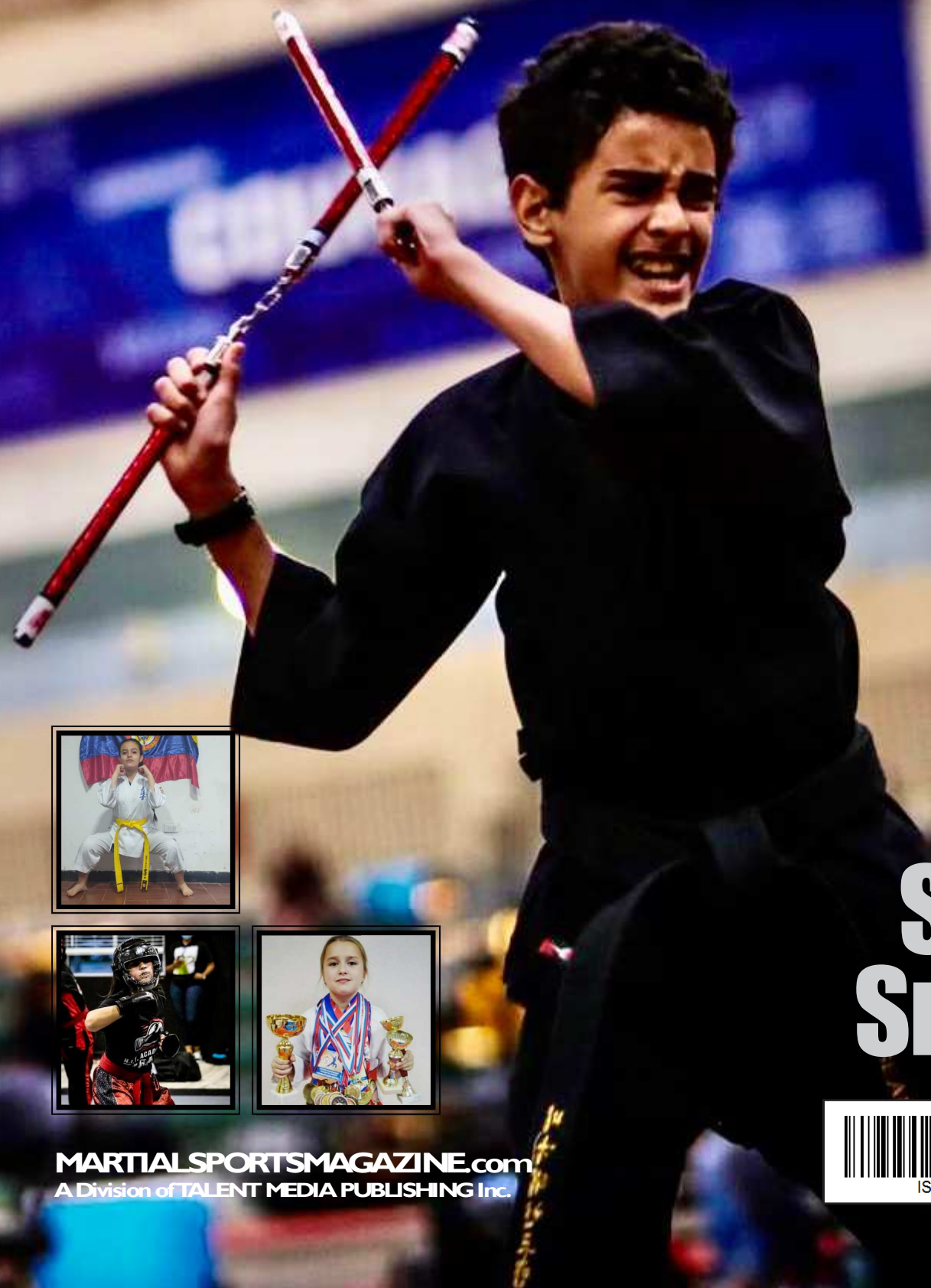


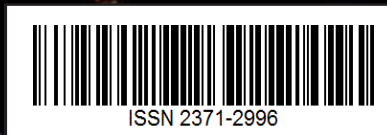
# MARTIALSPORTS

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## Sean Smart

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## Arina

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# Featuring



**Бородюк  
Макар**

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# Preview







Хочу добиться успехов в спорте и представлять свою страну на международных соревнованиях.

**Бородюк  
Макар**











I have another a good number of goals I would like to accomplish , some of them are short term, some of them are long term. My long term goals include the fact that I want to continue training, I also want to be in varsity, and I also want to mentor and help new students and my sister to become better at Karate or anything else I could help her with. These goals are very important to me, they will help me become a better version of my self and pass that to others; I am a very determined person and I am going to train and work to accomplish all of them. Karate has helped me so much, is a Big Part of who I am; I will continue my training to learn new techniques and continue to better

myself; to become a better person every day.

Earned my Black Belt meant a lot of things to me. First, it meant that I never gave up and even when I felt like giving up I didn't. I spent almost half of my life doing Karate, I remember when I just started with no clue what I was going to do, I was 6 then. I realized that working through the color belts all the way up to and becoming a Black Belt will be a big achievement for anyone, besides having your name on the belt is pretty awesome. Karate is a big part of my life and I want to go as far as I can. My black belt also means I earn it, it



**Бородюк  
Макар**







**Alicia Sanmiguel**







**Alicia  
Sanmiguél**



**Бородюк  
Макар**







didn't come as a Christmas present. I think that a Black Belt is not just in Karate it is in life. Like I was shy and karate helped me to be less shy, I am still very shy and still need to work on that, but I am less shy than I was before I started Karate. A long time ago I thought becoming a Black Belt was impossible but now I know that you can do it with hard work, practice and when you try your best. I mean if you don't give your all and you don't practice you won't get it. You have to try your best. I am

a person that doesn't quit, with a lot of confidence in my self and most important that I know that I can accomplish anything with hard work and discipline. Been a martial artist means many things to me but most of all that I didn't give up and I am ready to continue my martial arts journey.

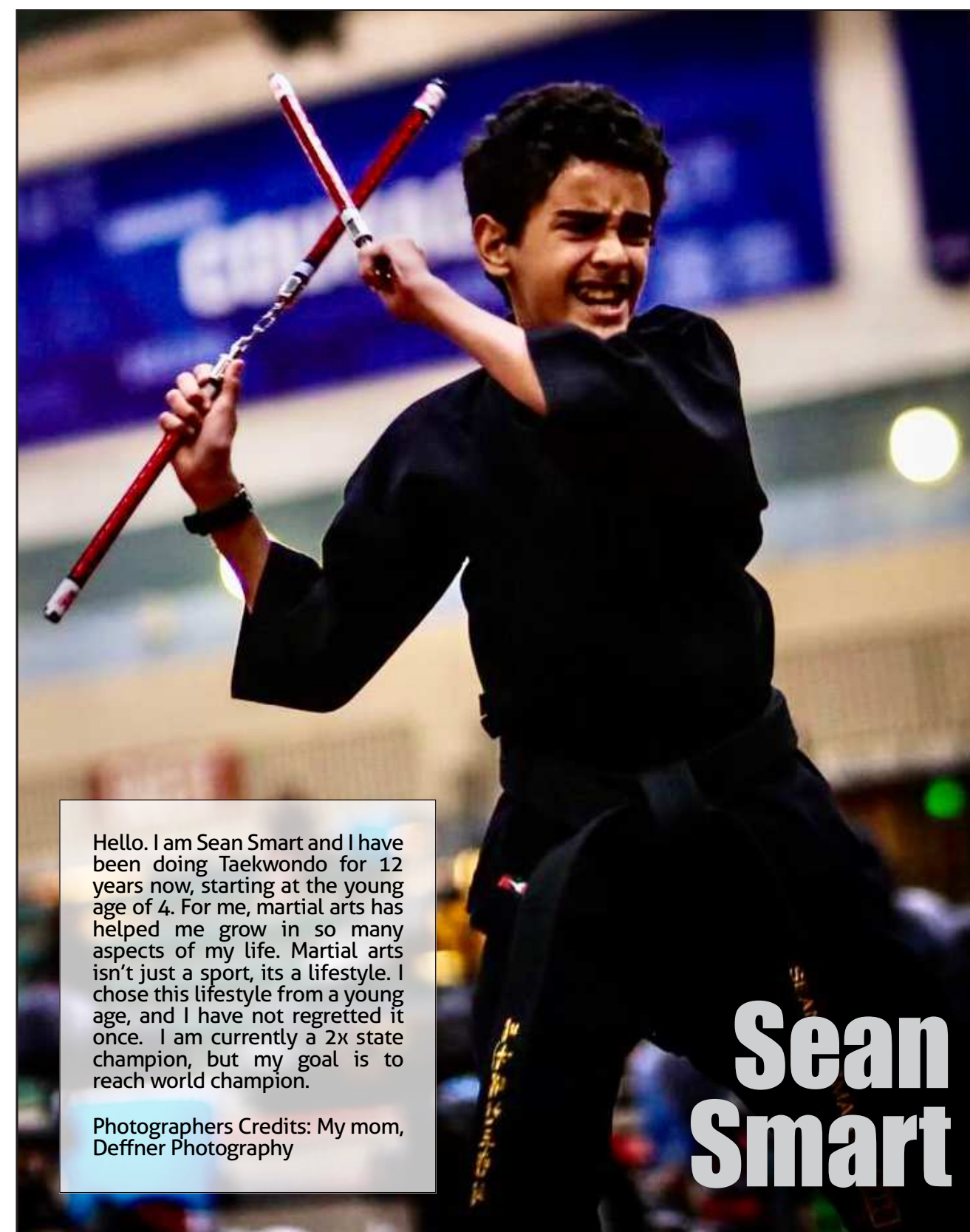
Photographers Credits: Ana Maria Bejarano, David Sanmiguel, Natalia Ortega







# Arina



Hello. I am Sean Smart and I have been doing Taekwondo for 12 years now, starting at the young age of 4. For me, martial arts has helped me grow in so many aspects of my life. Martial arts isn't just a sport, its a lifestyle. I chose this lifestyle from a young age, and I have not regretted it once. I am currently a 2x state champion, but my goal is to reach world champion.

Photographers Credits: My mom, Deffner Photography

# Sean Smart











**Sean  
Smart**



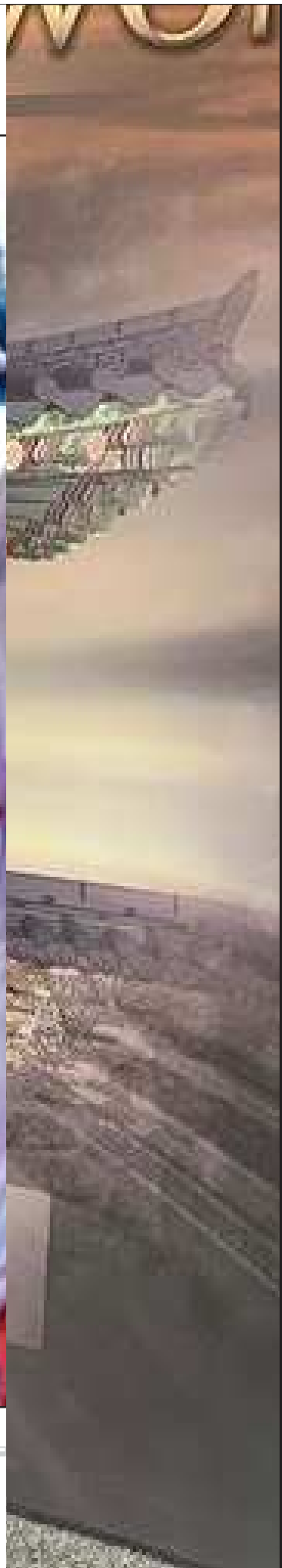








Arina







Sean Smart







# Arina

I'm Arina. I've been doing karate for 6 years. My dream is to become an Olympic karate champion. My coach is Shkunov Denis together with him we go to victories. Today I'm the winner of competitions of various levels, from regional to the championship of Russia.

My motto is-

„The winner is the one, who first of all defeats himself“







**Rechkalova  
Maria**







Hello, my name is Erfan . I am a world and international champion in Taekwondo . I have largely achieved my dreams in Taekwondo . My biggest dream is to win the Olympics . And I want to win an Olympic gold medal . And special thanks to my parents and especially to the great

professor Mr. Mehrabi . coach helped me a lot. Special thanks to my dear coach, Grand Master Hamid Reza Mehrabi, who spends a lot of time with me to achieve my goals. Finally, thank you for your good magazine ..







**Rechkalova  
Maria**

I am Masha, I have been doing karate since I was 6 years old, my dream is to become a world champion and become a coach



**Erfan Pasban  
Zoghi**







**Rechkalova  
Maria**







**Erfan Pasban  
Zoghi**







Добрый день. Я, Мячин Михаил. Мне сегодня исполнилось 12 лет. И эта публикация отличный подарок на мой День Рождения. Спортom я занимаюсь с 5 лет. Два года, с 5 до 7 лет я занимался спортивной гимнастикой в "Федерации спортивной гимнастики России". Но, потом у меня началась аллергия на тальк и мне пришлось выбирать другой вид спорта. Мама спросила меня, не хочу ли я быть похожим на черепашек ниндзя и сказал, Да! Она отвела меня на тренировку Тхэквандо. Я влюбился в это боевое искусство. Сейчас у меня жёлтый пояс с зелёной полоской. Если бы не пандемия Коронавируса, был бы уже зелёный пояс. Из моих достижений самые важные для меня это мои победы в спаррингах. Помимо спорта с 5 лет я посещал сначала театральную студию, сейчас занимаюсь в драматическом кружке в доме творчества. Стремлюсь получить чёрный пояс, в совершенстве овладеть театральным мастерством и сыграть в фильме агента спец службы.







**Myachin  
Misha**



**Erfan Pasban  
Zoghi**











**Myachin  
Misha**



**Esdras Alves  
Ferreira**







**Esdras Alves  
Ferreira**



**Myachin  
Misha**







My dream is to reach all the goals in the fight, to get to know other places







**Karilen  
Marin**

My name is Karilen Marin and I am going to share with you some important facts about myself. I have many dreams and goals which I have started to work hard on to make them a reality. I have been participating in Sport Martial Arts since I was eleven years old. It has helped me to be more confident and disciplined which I feel are both important to become successful in life's journey. I have worked very hard and am now a Red Brown Belt. I love Martial Arts, at times it has been very challenging and hard. One of my hardest challenges were the tricks and Aerial. At the beginning, I was frustrated for not doing the landings correctly, plus hurting one of my ankles. I overcame all obstacles and never gave up. The results have been amazing. I am now very confident and

disciplined. I have become very persistent and goal oriented.

One of my biggest dreams of Martial Arts is to gain my black belt. As for professional goal is to become a pilot and travel the most I can to get to know other countries' cultures, people and landmark beauty. Without any doubt, I will continue to work hard at school to one day in the near future achieve my dreams and goals. My goals in life are to always stay persistent, be the best I can be, and believe in myself. No matter what life may bring me, I will always overcome any situation with a positive attitude and as a winner. I want to share all I have learned in Martial Arts with my community. In the present moment I am in



**Myachin  
Misha**







the Leadership program taking classes to become a future instructor of younger children of the Martial Arts School where I attend: Championship Martial Arts, located in Orlando, Florida.

My achievements have been coming in first place with Extreme Forms in the following competitions:

Pan American International 2021, International Martial Arts Festival 2021, US Open ISKA World Championships 2021 and the Mayan Challenge 2021. I have also won second place in Point fighting competitions. My goal is to win first place. I will continue to practice, give all I have to

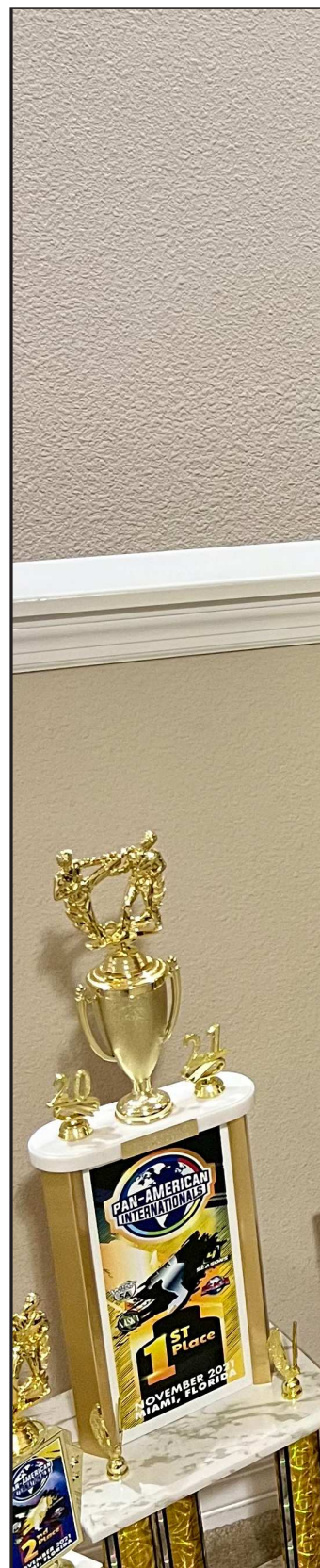
achieve this goal.

My hobbies are playing the violin, camping, and hiking. Last year I had the exciting adventure of going hiking with my parents to several National Parks in Utah.

I am incredibly grateful first, to my parents who have been extremely supportive and have sacrificed their time so I may achieve my goals and dreams. Last but not least, I am also grateful to my coaches who have believed in me from day one and continue to model and teach me all it takes to become a confident, disciplined, strong, positive, person through Sport Martial Arts.







Mi sueño es seguir avanzando en el camino de las artes marciales; mi meta es continuar con este estilo de vida y seguir aprendiendo muchas cosas en el camino, esforzarme, con disciplina y constancia, para seguir creciendo como persona, en alma, cuerpo y espíritu.

"El espíritu del kyokushin karate, es combatir consigo mismo, no contra otros" Sosai Masutatsu Oyama

Photographers Credits: Fanny Parada







Maryory  
Castillo



Karilen  
Marin





